



# PPGNY TRAINING INSTITUTE & PROJECT STIQ PRESENT SPEAKING OF SEX: CORE KNOWLEDGE FOR PROFESSIONALS AND EDUCATORS

## **TRAINING 1: INTRODUCTION TO SEXUALITY AND SPEAKING WITH CONFIDENCE**

**Tuesday, December 7, 10am-12:30pm**

By the end of this training, participants will be able to:

- Define sexuality;
- Distinguish frameworks for sexual and reproductive rights, health, and justice;
- Explore their own values and distinguish them from their professional role; and
- Use a simple communication technique to answer tricky questions.

## **TRAINING 2: SEXUAL DEVELOPMENT THROUGH THE LIFESPAN**

**Thursday, December 9, 10am-12:30pm**

By the end of this training, participants will be able to:

- Describe child sexual development milestones from birth to 24 years and beyond; and
- Identify strategies to support individuals and families through these stages of sexual development.

## **TRAINING 3: CREATING LGBTQ+ AFFIRMING SPACES**

**Tuesday, December 14, 10am-12:30pm**

By the end of this training, participants will be able to:

- Explain the importance of creating LGBTQAI+ affirming spaces;
- Identify barriers and inequities faced by LGBTQAI+ people;
- Demonstrate two techniques to create LGBTQ+ inclusive and affirming spaces.

## **TRAINING 4: UNDOING STIGMA AND SUPPORTING ACCESS TO CARE**

**Thursday, December 16, 10am-12:30pm**

By the end of this training, participants will be able to:

- Interrupt shame and stigma in sexuality conversations;
- Describe the impact of trauma on accessing sexual and reproductive health care; and
- Make referrals using trauma-responsive practices.

**Register NOW!**

**For more information, email us at [ProjectSTIQ@ppgreaterny.org](mailto:ProjectSTIQ@ppgreaterny.org)**